



# 49<sup>th</sup> WNCAA TAEKWONDO SAN BEDA ALABANG



## COMPETITION SCHEDULE, GROUND RULES AND REGULATIONS

### I. COMPETITION SCHEDULE

Date: January 27, 2019 (Sunday) : Competition proper  
Starts promptly at 9:00am onwards

### II. SCOPE OF COMPETITION

- A. Only members of the WNCAA may join the competition.
- B. Only players who are members of the Philippine Taekwondo Association may be allowed to participate. This is to make sure coaches and players know the proper rules of a Taekwondo competition based on World Taekwondo Federation latest ruling.

### III. QUALIFICATION OF PARTICIPANTS

- A. All contestants must be bonafide students of the school they are representing and registered members of the Philippine Taekwondo Association.
- B. Each school may field in a MAXIMUM OF 2 ENTRIES PER CATEGORY/EVENT IN EACH DIVISION.
- C. High school students who are 17 years old are subject to screening by the organizing committee.
- D. Participants in the senior's division must not be over 24 years old on the day of the competition.
- E. All listed members of Armed Forces of the Philippines, National Team, UAAP are disqualified to join the competition.

### IV. REGISTRATION

#### A. Registration Forms

Team Registration Form – (form attached on the email)

#### B. Deadline

Submit through email ([raniortega@gmail.com](mailto:raniortega@gmail.com)) on or before January 20, 2019.

#### C. Weight Verification

Weight and weight category of each player must be included in the master list form. Weight verification will be done at 7am on January 26, 2019. Players must be within the same weight category on the day of the tournament.

## V. FORMAT OF COMPETITION

### KYORUGI

A. Contestants may be fielded in any of the following categories:

CATEGORY	JUNIOR DIVISION	SENIOR DIVISION
Fin weight	Under 42 kg.	Under 46 kg.
Fly weight	44 kg.	49 kg.
Bantam weight	46 kg.	53 kg.
Feather weight	49 kg.	57 kg.
Light weight	52 kg.	62 kg.
Welter weight	55 kg.	67 kg.
Light Middle weight	59 kg.	
Middle weight	63 kg.	73 kg.
Light Heavy weight	68 kg.	
Heavy weight	Over 68 kg.	Over 73kg.

### B. GRADESCHOOL DIVISION (MIDGETS)

- a. GROUP 1 - 120cms below
- b. GROUP 2 - 120 - 128cms
- c. GROUP 3 - 128 - 136cms
- d. GROUP 4 - 136 - 144cms
- e. GROUP 5 - 144 - 152cms
- f. GROUP 6 - 152 - 160cms
- g. GROUP 7 - 160cms above

C. All divisions will be divided into two classes/groups

- a. Novice division - yellow and blue belt class
- b. Advanced division - red, brown and black belt class

### POOMSAE

#### A. JUNIOR and SENIOR DIVISION

##### a. Individual Category

- Yellow Belt
- Blue Belt
- Red Belt
- Brown Belt
- Black Belt

##### b. Team Category

- Yellow Belt

- Blue Belt
- Red Belt
- Brown Belt
- Black Belt

\*\* Three (3) players of the same belt level form one (1) team.

\*\* In case of difference in belt level, a player can move up or down ONE belt level only.

Examples:

- 2 yellow belt and 1 blue belt: YELLOW BELT TEAM
- 1 yellow belt and 2 blue belt: BLUE BELT TEAM
- 2 red belt and 1 brown belt: RED BELT TEAM
- 2 brown belt and 1 red belt: BROWNBELT TEAM

## VI. METHOD OF COMPETITION

### KYORUGI

- A. The competition shall be single elimination. For novice players, matches shall be 1 minute for 2 rounds. For advanced players, 1 minute, 30 seconds for 2 rounds.
- B. The following scoring system shall be observed:
  - i. Body kick - 2 points
  - ii. Turning kick to the body - 4 points
  - iii. Head kick - 3 points
  - iv. Turning kick to the head - 5 points
- C. For PSS or electronic scoring system, the 20-point gap shall be implemented on the second round.
- D. When using PSS or electronic scoring system, players must provide their own sensing socks (E-foot protector).
- F. There will be 2 courts for sparring competition. Three judges, one chief referee, and one head of court per court shall score the contestants based on Taekwondo competition rules and regulations.
- G. There shall be no changes in the position of the judges until the stage of competition for each division is completed.

### POOMSAE

- A. The cut-off system shall be applied in this competition. It shall comprise of Elimination and Final rounds:
  1. **Eliminations:** Contestants shall perform the required Poomsae for the elimination round and the top three (3) participants shall be selected for the finals based on their points.
  2. **Finals:** Contestants shall perform the required Poomsae for the final round and shall be ranked and awarded their respective medals.

## B. Required Poomsae

<b>CATEGORY</b>	<b>POOMSAE</b>
Yellow belt	Taegeuk 1
Blue belt	Taegeuk 3
Red belt	Taegeuk 5
Brown belt	Taegeuk 7
Black belt	Koryo

## VII. PROTEST, ARBITRATION AND PENALTIES

- A. Stipulations of the WNCAA Taekwondo Championships shall prevail in all cases. In cases where there are no provisions in the WNCAA Taekwondo Tournament Rules, the PTA rules and regulations shall apply.
- B. Any school or coach who violates the WNCAA rules will undergo investigation and will be subjected to sanctions of the WNCAA.

## VIII. AWARDING

### KYORUGI

- A. Medals shall be awarded to the winners in each category as follows:
  - Champion - Gold Medal
  - Second Place - Silver Medal
  - Third Place (2) - Bronze Medal
  - MVP (3) - Gold Medal
- B. Trophies shall be awarded to the school based on medals won both in novice and advance division - gold, silver bronze. In case where there are schools with the same number of medals, the factors to be considered to break the tie are:
  - a. number of fights won
  - b. number of participants fielded by a school
- C. MVP Award will be given for each division.

### POOMSAE

- A. Medals shall be awarded to the winners in each category as follows:
  - Champion - Gold Medal
  - Second Place - Silver Medal
  - Third Place (1) - Bronze Medal
- B. Trophies shall be awarded to the school based on medals won - gold, silver bronze.

## IX. GENERAL PROVISIONS FOR THE COMPETITION

1. **Competition Codes of Conduct:** The PTA Competition Codes of Conduct shall be strictly enforced.
2. **Year 2018 Resolutions:** Resolutions made by the PTA Tournament Directors during the 2018 technical conference on competition management shall be enforced.
3. **Competition Rules:** For all other matters not provided for in these ground rules, the WTF Competition Rules and Interpretation's latest revision shall apply.
4. **Competition Uniform:** All contestants are encouraged to use the official kyorugi competition Taekwondo uniform (dobok) of the Philippine Taekwondo Association.  
*NOTE: Use of the "PHILIPPINES" print on the uniform is reserved for members of the National Taekwondo Team and for those who have represented the country in international competitions. Otherwise, such usage is strictly prohibited.*
5. **Competition Equipment:** Only brands accredited / approved by the PTA shall be allowed / approved for use. The contestants shall provide their own competition equipment (head protector, body protector, arm & shin guards, groin guard, hand & foot gloves).
6. **Mouth Guard:** The use of the mouth guard shall be required. *For the children's division*, the mouth guard shall be required for heights of 128 cm and higher. Mouth guard color must be white or transparent only.
7. **Coaches' Attire:** Coaches are required to wear collared shirt and coach's vest (attire: smart-casual). No slippers, caps, sleeveless shirts will be allowed.
8. **Referees:** Only National and Regional Referees who have passed the course for the current rules shall serve during the competition. They shall serve full-time.

## X. COORDINATING CENTER and CONTACT NUMBERS

### *Contact Persons and Contact Numbers:*

Ms. Angie dela Cruz	(0918) 928-3916
Rocky Samson (PTA Games Committee)	(0918) 900-4770
Sugar Catalan (Kyorugi)	(0917) 104-0934
Rani Ortega (Poomsae)	(0916) 497-9088