

WCSA

Poomsae Event

ASSUMPTION COLLEGE – DECEMBER 14, 2014

I. IMPORTANT DATES

<u>December 10, 2014</u> (Wed)	6:00 pm	Deadline for Registration
<u>December 14, 2014</u> (Sun)	8:00 am	Verification of Players
	9:00 am onwards	Competition Proper until Awarding

II. REGISTRATION

A. Registration Forms

1. **Masterlist of Players** – for Individual Recognized Poomsae
2. **Team Registration Form** – for Team, Recognized Poomsae

B. Deadline:

Submit through email (raniortega@gmail.com) on or before **December 10, 2014.**

III. TABLE OF DIVISIONS AND REQUIRED POOMSAE

	EVENT	POOMSAE
I N D I V I D U A L	Yellow belt	Taegeuk 1 or 2
	Blue belt	Taegeuk 3 or 4
	Red belt	Taegeuk 5 or 6
	Brown belt	Taegeuk 7 or 8
	Black belt	Koryo
T E A M	NOVICE TEAM (3 Players – Yellow and/or Blue belt)	Taegeuk 1, 2, 3 or 4
	ADVANCE TEAM (3 Players – Red, Brown and/or Black belt)	Taegeuk 5, 6, 7 or 8

IV. METHOD OF COMPETITION

The cut-off system shall be applied in this competition. It shall comprise of Elimination and Final rounds:

1. **Eliminations:** Contestants shall perform the required poomsae for the elimination round and the top three (3) participants shall be selected for the finals based on their points.
2. **Finals:** Contestants shall perform the required poomsae for the final round and shall be ranked and awarded their respective medals.

V. DURATION OF CONTEST

Recognized Poomsae: The time limit for the performance of the required Poomsae in all events (Individual and Team) shall be 30-90 seconds.

VI. SCORING CRITERIA

Recognized Poomsae

- a. Accuracy (4.0)
 - i. 0.1 point shall be deducted each time a contestant does not perform the basic movements or the pertinent Poomsae accurately.
 - ii. 0.3 points shall be deducted each time a contestant makes a major mistake.
- b. Presentation (6.0)
 - i. Speed and power 2.0
 - ii. Control of power, speed and rhythm 2.0
 - iii. Expression of energy 2.0

VII. GENERAL PROVISIONS

1. **Competition Codes of Conduct:** The PTA Competition Codes of Conduct shall be strictly enforced.
2. **Uniform:** Poomsae Dobok or official Taekwondo v-neck uniform with the PTA or WTF approved seal.
3. **Competition Rules:** For all other matters not provided in these competition ground rules, the current WTF Poomsae Competition Rules and Interpretation, shall apply.

VIII. AWARDING: INDIVIDUAL AND TEAM EVENTS

Winning contestants in these categories shall be awarded the following:

- | | | |
|--------------|---|--------------|
| First Place | - | Gold Medal |
| Second Place | - | Silver Medal |
| Third Place | - | Bronze Medal |

IX. MEDALS AND TROPHY

CATEGORY	GOLD	SILVER	BRONZE
Individual Standard Poomsae (46 categories)	5	5	5
Team Standard Poomsae (9 categories x 3 players per team)	6	6	6
Total Medals	11	11	11

X. COORDINATING CENTER AND CONTACT PERSONS

MS VIVIAN MANILA	0917-846-8272
MS DOODY GRANADA	0917-323-2823
IGOR B. MELLA	0920-960-7726 igskix@hotmail.com
RANI ANN ORTEGA	0916-497-9088 raniortega@gmail.com